



## HIGH SCHOOL MENU\* *subject to change*

**MONDAY**

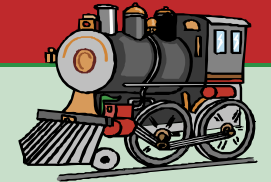
**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

				<p><b>1</b> BAKED MOZZARELLA BREADSTICKS WITH MARINARA SAUCE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>
<p><b>4</b> BBQ GRILLED CHICKEN ON A BUN Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>5</b> *GARLIC FLATBREAD PIZZA Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>6</b> MACARONI AND CHEESE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>7</b> BEEF OR CHICKEN TACO'S Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>8</b> BAKED MOZZARELLA BREADSTICKS WITH MARINARA SAUCE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>
<p><b>11</b> DOUBLE DOGS WITH CHILI Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>12</b> CHEESE OR CHICKEN QUESADILLA Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>13</b> POPCORN CHICKEN BOWL Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>14</b> RAVIOLI OR CORN DOG Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>15</b> BAKED MOZZARELLA BREADSTICKS WITH MARINARA SAUCE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>
<p><b>18</b> RIGATONI Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>19</b> BBQ PORK SANDWICH Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>20</b> SUPER NACHO'S Choice of a Side: Tossed Salad, Vegetable, Fruit or Juice/ and Milk</p>	<p><b>21</b> COOK'S CHOICE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>22</b> BAKED MOZZARELLA BREADSTICKS WITH MARINARA SAUCE Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>
<p><b>25</b>  MEMORIAL DAY NO SCHOOL</p>	<p><b>26</b> SPICY OR PLAIN CHICKEN FINGERS Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>27</b> BACON CHEESEBURGER Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>28</b> *GARLIC FLATBREAD PIZZA Choice of Two Sides: Tossed Salad, Vegetable, Fruit or Juice Milk</p>	<p><b>29</b>  COOK'S CHOICE</p>



### WHY EAT FRUITS AND VEGGIES???

The top 10 reasons to eat our "5 A Day" are:

1. Color and Texture
2. Fiber
3. Low in Calories
4. May reduce Disease
5. Vitamins & Minerals
6. Variety
7. Quick Snack
8. Convenience
9. Fun to eat
10. Taste's great!

LUNCH WITH MILK  
\$ 2.70  
MILK ONLY  
\$ .50

